



Balancing Life and Business



Stress Management & Science of Meditation

Friday, September 27, 2019

3:00 PM – 5:00 PM



This event is supported by
NYC Council District 23
Barry Grodenchik

*Join us for an afternoon of networking in
Queens Village at the Ananda Marga Center*

Stress free, balancing life and business practical session for
the busy executive, business owners, entrepreneurs!



**Yoga and
Meditation
Center
94-38
212th street
Queens Village,
New York**



Ananda Marga teaches meditation free of charge
all around the world

This event is open to the public. Space is limited

Complimentary admission
Light refreshments will be served
Register online www.queenschamber.org

